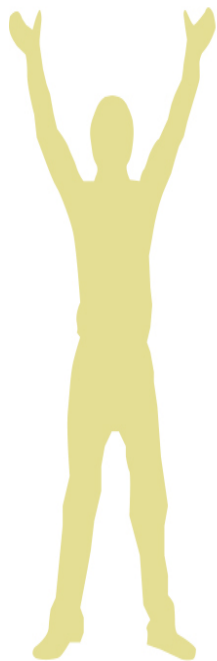




eden church  
penarth



BETHEL SOZO UK

SOZO

SAVED HEALED DELIVERED

Welcome to Eden Church's Sozo Teams first newsletter!

We thought it would be a great idea to bring you up to date with whats been happening with our Sozo team over the last year.

We recognize that for some people Bethel Sozo is a bit of a mystery. You have heard people mention it, but you don't really know what it is! So what we'd like to do in this first newsletter is to give you some background information, an insight into why and how the team has been established, some feedback from people who have been ministered to and some direction to further resources.

#### Why Bethel Sozo for Eden Church?

It was felt that with an ever growing congregation, there was a need to supplement the current pastoral care offered at Eden Church through Prayer ministry &

Small Groups. Other ministry models of pastoral care were explored but it was felt that Bethel Sozo provided a best fit for our requirements.

#### What is Bethel Sozo?

SOZO is not counselling. Sozo is a powerful yet gentle prayer session that aims to deal with the things that are stopping us from connecting deeply with God. These may be wounds or past hurts or lies we've believed about ourselves or any unforgiveness. These things can hinder us from walking in the abundant life that Jesus promised. Having a spiritual spring clean/checkup allows a person an opportunity to remove anything that stops them moving forward into their destiny in God.

Bethel Sozo is a 'safe place' and all information shared remains confidential and is not discussed with others. The exception being information where there is a legal obligation to report to the police.

#### What happens in a Sozo Session?

A SOZO session usually takes about 2hrs and is conducted by two team members. The 'First' leads the Sozo session. The 'second' remains silent. Their role is to listen to the Holy Spirit, pray and keep a record of the truths that the person hears from the Father, Jesus, & Holy Spirit to take away at the end of the session.

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#### Bethel Sozo Resources



The team at Bethel Sozo UK and Bethel Redding have an abundance of resources available to purchase. You can access them through the Bethel Sozo UK website shop [here](http://www.bethelsozo.org.uk/shop) or from the link below. The majority of the resources have been developed by the Bethel Redding team. However, if you're interested in finding out a bit more about Bethel Sozo then contact Sarah Parkhouse or Simon Jennings so that they can point you in the right direction or lend you resources that have already been purchased for the Church.

Links: <http://www.bethelsozo.org.uk/shop>

## Sharing Stories

Some of our own people at Eden have already received ministry, here's what they said about their experience:

"I feel privileged to have had the opportunity for a Sozo. I wasn't sure what to expect. I only knew it was an opportunity to be still & hear God's voice. I came away humbled, thrilled and very grateful for the wonderful way God the father, Son & Holy Spirit spoke to me lovingly and powerfully through guided prayer & sensitivity of the people doing the SOZO. I would encourage anyone to have a Sozo. I found it to be a cleansing, powerful, yet gentle experience and felt safe and supported throughout."

"The team created a warm, welcoming environment & I was made to feel relaxed straight away. An explanation was given at the start about what was going to happen. The session was Spirit led, inspiring, encouraging and releasing. I had a real sense that I had met with God. I heard for myself the truth about what God thinks of me. Distortion was removed from my thinking. I had clarity and understanding. I came away feeling & knowing how much God loves me and is for me. The leaders are gentle and compassionate. I would recommend Sozo to you if you want to see God move in your life. Great experience."

"Felt apprehensive going into the session as I didn't know what to expect but the team put me at ease straight away. Surprised at what issues and past experiences God brought up and dealt with. So many significant things came out. It was very encouraging to hear the truths from God. Would definitely recommend."

**SOZO BASIC TRAINING:**  
Eden Church hosted the first Bethel Sozo Basic training course to be held in Wales.



## Our Sozo Journey So Far

Our journey with Bethel Sozo started in September 2013 when Sarah Parkhouse attended a 2 day Basic Training Course in Bradford. Last September 2014 Eden hosted the first ever Bethel Sozo Basic Introduction Training 2 day event in Wales at Tabernacle Baptist Church. Over 55 delegates attended from as far as the Channel Islands. Twenty members from Eden, comprising of the Leadership Team, Prayer Ministry & Sozo Team, attended the training. The training was delivered by Christine West, Bethel UK Coordinator & Claire Suffield, Regional Director.

Christine West, the UK coordinator, returned in January to assess Sarah Parkhouse as SOZO team leader and her competency in leading a Sozo session. Sarah was assessed participating in 4 different SOZO sessions over a 2 day period. Sarah was released to begin the training of a team from within Eden church and given permission to commence SOZO sessions to people from within Eden church.

In March this year Sarah Parkhouse, Helen Good & Simon Jennings attended the 2 day Advanced Training in Tunbridge Wells and Bradford with the Bethel Sozo Founders - Dawna De Silva & Theresa Liebscher.

Between September 2014 and April 2015 the Sozo team met fortnightly to work through the curriculum & training resources for competency in using and understanding the Basic training tools. Between April 2015 to July 2015 the team have been involved in live Sozos which has provided practical application of the skills learnt

## Who are the Sozo Team Members?

Sarah Parkhouse, Simon Parkhouse, Karen Jennings, Simon Jennings, Helen Good, Helen Dyer & Chris Wakley (Sozo appointments coordinator).

## How can I get an appointment?

Currently we offer evening appointments on a Monday at 7:30pm & daytime appointments on Monday at 1:30pm or Thursday at 1pm.

Please contact

[sozo@edenchurchpenarth.co.uk](mailto:sozo@edenchurchpenarth.co.uk)

Refer to the church website.

## Do I have to pay for my Sozo?

If you are a member of Eden Church there is no charge. As we expand to offer this service to people who are not part of Eden a donation of £15-£30 will be suggested to cover costs of any ongoing training.



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